

CATHOLIC ARCHDIOCESE OF CANBERRA AND GOULBURN

CANBERRA INNER NORTH CATHOLIC COMMUNITY (CINCC)

PASTORED BY THE CONGREGATION OF THE BLESSED SACRAMENT (SSS)



30TH SUNDAY IN ORDINARY TIME
YEAR A | 24-25 OCTOBER 2026



WHAT IS THE GREATEST RULE OF LIFE?

ADAPTED FROM A REFLECTION
BY DON SCHWAGER (DAILY SCRIPTURE)

Jesus teaches that the heart of God's law is love. While the Pharisees focused on the detailed requirements of the Law of Moses, Jesus summed up all the commandments in two great commands: **love God with all your heart, soul, and strength, and love your neighbour as yourself.**

God's love is the foundation of all Christian living. He loved us first, and our love for God and others is a response to that gift. Genuine love is self-giving and seeks the good of others, unlike selfish love, which is rooted in pride and self-interest.

God's love is constant, generous, and unconditional. Through Jesus Christ, he seeks to free us from sin and lead us to a life of holiness and service. We do not earn God's love; it is freely given through the Holy Spirit to those who open their hearts to him.

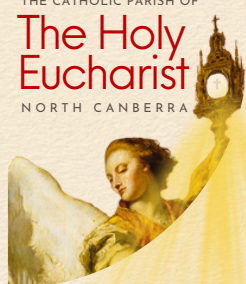
Faith and hope help us grow in love. The more we know and trust God, the more we love him and desire to follow his commandments. Empowered by the Holy Spirit, we are called to love as Christ loves and to serve others with generosity and joy.

God's commandments are rooted in love. By responding to God's freely given love with faith, hope, and charity, we grow closer to him and become better servants of one another.



INAUGURATION MASS

THE CATHOLIC PARISH OF
The Holy Eucharist
NORTH CANBERRA



SATURDAY, 21 NOVEMBER 2026
5:00 PM ADORATION | 6:00 PM MASS

PRINCIPAL CELEBRANT:
ARCHBISHOP CHRISTOPHER PROWSE

**MERICI COLLEGE AUDITORIUM,
WISE STREET, BRADDON, ACT**

- Please bring a plate to share.
- Note: The only other Sunday Mass in the parish on the weekend of 21-22 November 2026 will be the 5:00 pm Sunday Mass at Rosary Church, Watson.

CHURCHES

ST PATRICK, BRADDON

SUN	8:00 am	Mass
	10:00 am	German Mass (1st and 3rd Sundays of the month)
TUE-FRI	12:10 pm	Rosary
	12:30 pm	Mass
FRI	11:30 am -	Adoration &
	12:30 pm	Confession

ST BRIGID, DICKSON

SUN	9:30 am	Mass
	5:00 pm	Vietnamese Mass (1st and 3rd Sundays of the month)
		Maronite Mass (Last Sunday of the month)
TUE-SAT	8:40 am	Rosary
	9:00 am	Mass
WED	8:00 am -	Adoration
	11:00 am	
	5:00 pm -	Adoration
SAT	8:00 pm	
	9:30 am -	Adoration &
	10:00 am	Confession
	5:30 pm -	Confession
	6:00 pm	Vigil Mass

Healing Service takes place after the Mass on the 3rd Sunday of the month.

ST JOSEPH, O'CONNOR

SUN	8:30 am	Mass
TUE-FRI	8:15 am -	Adoration
	9:10 am	(Confession during Adoration every Friday.)
SAT	9:15 am	Mass
	8:15 am	Novena to Our Lady of the Perpetual Help
	8:30 am	Mass
	5:15 pm -	Confession
	5:45 pm	
	6:00 pm	Vigil Mass

Anointing of the Sick is within the Mass at 8:30 am every 1st Saturday of the month.

Recitation of the Rosary takes place after the 9:15 a.m. Mass, Tuesday to Friday.

ST THOMAS MORE, CAMPBELL

SUN	10:00 am	Mass
FRI	11:00 am -	Adoration
	11:45 am	
	11:45 am	Mass

Confession is every Friday, 11:00 am to 11:40 am. Anointing of the Sick takes place every 1st Sunday of the month at 11:15 am.

HOLY ROSARY | BLACKFRIARS, WATSON

SUN	9:30 am	Rosary
	10:00 am	Mass
	5:00 pm	Mass
TUE-FRI	5:30 pm	Mass
SAT	4:00 pm -	Confession
	4:30 pm	
	5:00 pm	Vigil Mass
FRI	6:00 pm -	Adoration
	7:00 pm	

READINGS

ENTRANCE ANTIPHON

Psalm 104:3-4

Let the hearts that seek the Lord rejoice; turn to the Lord and his strength; constantly seek his face.

FIRST READING

Exodus 22:20-26

The Lord said to Moses, 'Tell the sons of Israel this: "'You must not molest the stranger or oppress him, for you lived as strangers in the land of Egypt. You must not be harsh with the widow, or with the orphan; if you are harsh with them, they will surely cry out to me, and be sure I shall hear their cry; my anger will flare and I shall kill you with the sword, your own wives will be widows, your own children orphans. "'If you lend money to any of my people, to any poor man among you, you must not play the usurer with him: you must not demand interest from him. "'If you take another's cloak as a pledge, you must give it back to him before sunset. It is all the covering he has; it is the cloak he wraps his body in; what else would he sleep in? If he cries to me, I will listen, for I am full of pity.'"

RESPONSORIAL PSALM

Psalm 17(18):2-4,47,51

R: I love you, Lord, my strength.

SECOND READING

1 Thessalonians 1:5-10

You observed the sort of life we lived when we were with you, which was for your instruction, and you were led to become imitators of us, and of the Lord; and it was with the joy of the Holy Spirit that you took to the gospel, in spite of the great opposition all round you. This has made you the great example to all believers in Macedonia and Achaia since it was from you that the word of the Lord started to spread – and not only throughout Macedonia and Achaia, for the news of your faith in God has spread everywhere. We do not need to tell other people about it: other people tell us how we started the work among you, how you broke with idolatry when you were converted to God and became servants of the real, living God; and how you are now waiting for Jesus, his Son, whom he raised from the dead, to come from heaven to save us from the retribution which is coming.

GOSPEL ACCLAMATION

cf. John 14:23

Alleluia, alleluia! All who love me will keep my words, and my Father will love them and we will come to them. Alleluia!

GOSPEL

Matthew 22:34-40

When the Pharisees heard that Jesus had silenced the Sadducees they got together and, to disconcert him, one of them put a question, 'Master, which is the greatest commandment of the Law?' Jesus said, 'You must love the Lord your God with all your heart, with all

your soul, and with all your mind. This is the greatest and the first commandment. The second resembles it: You must love your neighbour as yourself. On these two commandments hang the whole Law, and the Prophets also.'

COMMUNION ANTIPHON

cf. Psalm 19:6

We will ring out our joy at your saving help and exult in the name of our God.

PRAYER INTENTIONS

OUR RECENTLY DECEASED – Fr Sebastian Luistro SSS, Giuseppe Barbaro, Mrs Christina F Belihomji, Doris Merina Negri, Ted Hopkins, Laura Coles, Josephine Rose, Paul Bohun, Michael Manthey, Bernard Crook, Clare Johnston, Dora Herrera, Conrado Dela Cruz, Margaret Corbould, Yoland Gibbons, Cedric Spanos, Clare Johnston, Jose Rheza Gomez

IN LOVING MEMORY – Glenn McCluskey, Erlinda & Lito Suerto, Natalia Kucharski, Colleen Bird, Terrence Bird, Ivy Alice Dennis

"Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen."

SPECIAL INTENTIONS – Retired and Sick Priests, Fr Hilton, Dawn Boag, Cindy Mason, Barry Malone, Klein Diclas, Helena Paul, Anne Prendergast, Mairead Thomas, Trevor 'Tony' Anderson, Enryl Bacho, Flora Mae Rublica, Ray Maher, Residents of Goodwin Village Ainslie

Prayer intentions will remain in the bulletin for two weeks.

FROM THE OFFICE

- **Catholic Women's Taskforce Annual Dinner 2026 – Friday, 30 October at 6:00 pm:** "Women in Leadership are we in a change of Era?" by Ms Phil Billington at Woden Southern Cross Club. <https://events.humanitix.com/2026-annual-dinner>
- **Free Public Forum: Exploring the Horizons of a Pope Leo Church.** Wednesday, 18 November, 7:30 pm, Marist College Canberra, Pearce. Fr Tony Banks OSA and Dr Anne Benjamin will discuss the future direction of Pope Leo's Church, including shared leadership, decision-making and accountability. All are welcome.
- **Couples in their first 10 years of marriage** are invited to share their experiences through a professional survey commissioned by the Australian Catholic Bishops. All responses are anonymous and confidential. Participants can contact the researchers directly via this survey link: <https://thepmrc.org/survey>

Please be advised that there will be no weekday Masses in any of our churches from 17 to 20 November 2026 due to the Archdiocesan Clergy Retreat.

CENTRAL CANBERRA, BRADDON & DICKSON

- **RCIA.** Adults who are interested about learning the Catholic Faith or desire to be Catholic may enlist themselves for the Rite of Christian Initiation for Adults (RCIA) by contacting our email innernorth@cg.org.au. **Next RCIA classes on Thursday, 29 October with the topic "Liturgy and the Sacraments."**
- **No German Mass this month.** Please note that the German Mass at 10:00 am at St Patrick's, Braddon, will not be celebrated on the third Sunday of this month and until further notice.
- **This month's Healing Service at St Brigid's will be held on the fourth Sunday, 25 October.**
- **Cana Youth (Years 7-12) Cana Youth will be held at St Brigid's Catholic Church, Dickson, 24 October, 7 & 14 November, 6 December.** Sessions run from 7.00 pm to 9.00 pm following the Vigil Mass. All young people in Years 7-12 are warmly welcome to attend.
- **Church Rosters – 15 November to 19/20 December 2026.** Rosters will be prepared shortly. Current volunteers will be contacted by email to confirm their availability. If you would like to join a ministry roster or volunteer, please contact Trish Moore at trish@mooreinvestments.com.au

ST THOMAS MORE, CAMPBELL

- **The Trauma of Tenors.** You are invited to a performance of The Trauma of Tenors on Saturday, 7 November, 2:30 pm. Venue: Holy Faith Hall, St Thomas More School, White Street, Campbell. This is a dramatised play reading with music presented by The Significant Others, a drama group that raises funds for Home in Queanbeyan. Everyone is welcome.

ST JOSEPH, O'CONNOR

- **Please be advised that there will be no weekday Masses from 15 October to 13 November 2026.**
- **Term 4 Children's Liturgy will commenced on 18 October.** We thank our wonderful volunteer leaders for their support of this important ministry. Please continue to keep our children and leaders in your prayers.
- **Unpacking the Short Saying of Jesus – Thursday Meetings – Next Meeting: 29 October.** New participants are all welcome. For more information, contact Anna.Wierzbicka@anu.edu.au.
- **Choral Vespers – Christ the King Sunday, 22 November at 4:00pm.** Join St Joseph's Choristers for the final Choral Vespers of 2026 as we mark the close of the liturgical year on the Solemnity of Christ the King. An hour of sacred choral music, featuring choral works by composers John Rutter and Federico Caudana, concluded with Benediction, followed by afternoon tea. Come and Sing Session at 3:00 pm, RSVP here: www.sjo.au
- **Junior Schola Cantorum Term 4, 2026 – Every Saturday 9:30 am.** Choral training and faith formation for students aged 8 to 16 in the Church's treasury of sacred music. Our training draws on the Jubilate Deo Programme and the Royal School of Church Music. Sign up and find out more: www.sjo.au

BLACKFRIARS, WATSON

- **The Eucharist in the Life of the Church – The Eucharist & Morality – every Monday, 26 October | 7:15 pm for 7:30 pm.** Venue: Parish Centre. Register at innernorth@cg.org.au. For more information, contact Roger Paul at rpaul2572@gmail.com | <https://tinyurl.com/EucharisLifeChurch2026>
- **Regular Group Gatherings: The Craft Group every Wednesday** (except 3rd Wednesday) from mid-day | **Scripture Reflection every Wednesday** from 7:30 pm to 8.30 pm | **Meditation Group: 30 Minutes of Silence with God every Thursday** at 7:30 pm, Contact Debbie on 0426 838 212 | Venue: Parish Centre. All welcome.
- **Cana Kids (Years 4-6) Cana Kids will be held at the Parish Centre, Holy Rosary Catholic Church, Watson, 25 October, 8 & 15 November.** Sessions run from 11.00 am to 12.00 pm following the 10.00 am Mass. All children in Years 4-6 are warmly welcome to attend.

FROM THE OFFICE

- **Inaugural Mass Joint Choir Rehearsals.** Saturdays, 11:00 am-12:00 pm at the Merici College Auditorium (24 October, 14 & 21 November). Join us in singing for the first Mass of our new Parish. Details, music and the WhatsApp group: <https://linktr.ee/inaugural.mass.choir>
- **Bible Study: Enough – Paul's Letter to the Colossians – Fortnightly sessions with The Feast Canberra.** Next sessions: Saturdays, 24 October and 7 & 21 November, 2:00 pm to 4:00 pm, at the Watson parish centre. Enquiries: 0406 872 588 or feastcanberra@gmail.com.
- **Extraordinary Ministers of Holy Communion Training.** Online training for new and current Extraordinary Ministers of Holy Communion begins Monday, 26 October. Five Zoom sessions plus self-paced study. Cost: \$110. Contact the Parish Office for details or visit: www.acu.edu.au/pastoral.

"I am prepared to suffer more.
I know the Lord is with me. He has some plan
for me. How can I requite his kindness?"

~Saint Alphonsa Muttathupadathu



YOUR MONETARY CONTRIBUTIONS COUNT A LOT...

First Collection

(Supporting all the priests of the Archdiocese)

A/C Name: **Central Presbytery Fund**, BSB: 062-786 and Bank Account: 00029248
Reference: Your parish location, name and intention (e.g., Campbell Smith 1st collect)

Second Collection

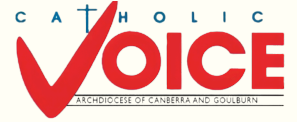
(Maintenance/upkeep of the Churches, staff salaries, liturgical needs, insurance, etc.)

~ **Central Canberra, Dickson & Braddon**: A/C Name **Canberra Central Parish**
BSB: 062-786, A/C: 00013150, Ref: Name & Giving Number

~ **St Joseph, O'Connor**: A/C Name: **St Joseph's Parish**
BSB: 062-786, A/C: 00012798, Ref: Name & Giving Number

~ **St Thomas More, Campbell**: A/C Name: **St Thomas More Parish**
BSB: 062-786, A/C: 00014869, Ref: Name & Giving Number

~ **Blackfriars, Watson**: A/C Name: **Blackfriars Parish Watson**
BSB: 062-786, A/C: 00013341, Ref: Name & Giving Number



Calling all young artists!
Create an artwork inspired by **Everyone Is Invited** and show what bringing people together at Christmas means to you. The winning artwork will feature on the December Christmas cover of Catholic Voice. Scan the QR code for details.

Entries close 16 November.



PARISH SAFEGUARDING COMMITMENT

The CINCC is committed to safeguarding and upholding the dignity and rights of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the center of all of our thinking and action.

Parish Safeguarding Officers:

- **Central Canberra, Dickson & Braddon**: Barbara | CanberraCentral.Safeguarding@cg.org.au
- **St Joseph, O'Connor**: Noel | OConnor.Safeguarding@cg.org.au
- **St Thomas More, Campbell**: Margie | Campbell.Safeguarding@cg.org.au
- **Blackfriars, Watson**: Nicole | Watson.Safeguarding@cg.org.au

Please send any concerns or enquiries to the above parish email addresses. You may also contact Maria Hicks, Manager of the Institute of Professional Standards & Safeguarding (IPSS), at ipss@cg.org.au or 02 6239 9806.



Complaint/Concern Form for Parishes – The online Complaints and Concerns Form may be used to raise safeguarding concerns, make a complaint, or provide feedback. All submissions are treated confidentially and are reviewed by the Manager, Professional Standards and Safeguarding in line with Archdiocesan policies and procedures: <https://tinyurl.com/CGComplaintConcernForm>

CONNECT WITH US...

Fr Renoir Jr. Z. Oliver, SSS (Moderator)
E: renoir.oliver@cg.org.au

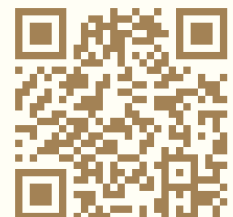
Fr Vergel M. Dalangin, SSS
E: vergel.dalangin@cg.org.au

Fr Anthony "Thonn" Riosa SSS
E: anthony.riosa@cg.org.au

Deacon Don Gomez
E: don.gomez@cg.org.au

Parish Secretaries:

Kathie Guillester and Cerisse Gomez
E: innernorth@cg.org.au
M: 0416 823 447 or 0412 128 038
P: PO Box 900, Dickson ACT 2602
Office Hours: Monday Closed
Tuesday to Friday: 9:00am–1:00 pm



WWW.CGINNERNORTH.ORG.AU

The CINCC acknowledges the Ngunnawal people, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.