

CATHOLIC ARCHDIOCESE OF CANBERRA AND GOULBURN

CANBERRA INNER NORTH CATHOLIC COMMUNITY (CINCC)

PASTORED BY THE CONGREGATION OF THE BLESSED SACRAMENT (SSS)

PENTECOST SUNDAY (MASS OF THE DAY)
YEAR A | 23-24 MAY 2026



THEY WERE ALL FILLED WITH THE HOLY SPIRIT!

BY DON SCHWAGER

www.dailyscripture.net

Do you know and experience in your own life the gift and power of the Holy Spirit? After his death and resurrection Jesus promised to give his disciples the gift of the Holy Spirit. He said to them, *Receive the Holy Spirit!* (Jn 20:22) Jesus knew that his disciples would need the power of the Holy Spirit to carry out the mission entrusted to them. The gift of the Holy Spirit was conditional upon the ascension of Jesus to the right hand of the Father. That is why Jesus instructed the apostles to *wait in Jerusalem until you are clothed with power from on high* (Lk 24:49). Why did they need *power from on high*? The Gospels tell us that Jesus was filled with the Holy Spirit when he was baptised at the Jordan River: *"And John bore witness, 'I saw the Spirit descend as a dove from heaven, and it remained on him... this is he who baptises with the Holy Spirit'"* (Jn 1:32,33; Mk 1:8; Mt 3:11). *"And Jesus, full of the Holy Spirit, returned from the Jordan, and was led by the Spirit for forty days in the wilderness... and Jesus returned in the power of the Spirit into Galilee"* (Lk 4:1,14).

Just as Jesus was anointed with the Spirit at the beginning of his ministry, so the disciples needed the anointing of the Holy Spirit to carry out the mission entrusted to them by Jesus. The Holy Spirit is given to all who are baptised into Jesus Christ to enable us to live a new way of life - a life of love, peace, joy, and righteousness (Rm 14:17). The Holy Spirit fills our hearts with the love of God (Rm 5:7), and he gives us the strength and courage we need in order to live as faith-filled disciples of the Lord Jesus. The Spirit helps us in our weakness (Rm 8:26), and enables us to grow in spiritual freedom - freedom from doubt, fear, and from slavery to our unruly desires (2 Cor 3:17; Rm 8:21). The Spirit instructs us in the ways of God, and guides us in living according to God's will. The Spirit is the source and giver of all holiness. Isaiah foretold the seven-fold gifts that the Spirit would give: wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord (Is 11:2). The Lord Jesus offers each one of us the gift and power of his Holy Spirit. He wants to make our faith strong, give us hope that endures, and a love that never grows cold. He never refuses to give his Spirit to those who ask with expectant faith. Jesus instructed his disciples to ask confidently for the gift of the Spirit: *"If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!"* (Lk 11:13). Do you thirst for God and for the abundant life he offers through the gift of his Spirit?

CHURCHES

ST PATRICK, BRADDON

SUN 8:00 am Mass
TUE-FRI 12:10 pm Rosary
12:30 pm Mass
FRI 11:30 am - Adoration &
12:30 pm Confession

ST BRIGID, DICKSON

SUN 9:30 am Mass
5:00 pm Vietnamese Mass
(1st and 3rd Sundays)
Maronite Mass
(Last Sunday of the month)
TUE-SAT 8:40 am Rosary
9:00 am Mass
WED 8:00 am - Adoration
11:00 am
5:00 pm - Adoration
8:00 pm
SAT 9:30 am - Adoration &
10:00 am Confession
5:30 pm - Confession
6:00 pm Vigil Mass

Healing Service takes place after the Mass on the 3rd Sunday of the month.

ST JOSEPH, O'CONNOR

SUN 8:30 am Mass
TUE-FRI 8:15 am - Adoration
9:10 am (Confession during Adoration every Friday.)
9:15 am Mass
SAT 8:15 am Novena to Our Lady of the Perpetual Help
8:30 am Mass
5:15 pm - Confession
5:45 pm
6:00 pm Vigil Mass

Anointing of the Sick is within the Mass at 8:30 am every 1st Saturday of the month.

Recitation of the Rosary takes place after the 9:15 a.m. Mass, Tuesday to Friday.

ST THOMAS MORE, CAMPBELL

SUN 10:00 am Mass
FRI 11:00 am - Adoration
11:45 am
11:45 am Mass

Confession is every Friday, 11:00 am to 11:40 am. Anointing of the Sick takes place every 1st Sunday of the month at 11:15 am.

HOLY ROSARY | BLACKFRIARS, WATSON

SUN 9:30 am Rosary
10:00 am Mass
5:00 pm Mass
TUE-FRI 5:30 pm Mass
SAT 4:00 pm - Confession
4:30 pm
5:00 pm Vigil Mass
FRI 6:00 pm - Adoration
7:00 pm



READINGS

ENTRANCE ANTIPHON

cf. Wisdom 1: 7

The Spirit of the Lord has filled the whole world and that which contains all things understands what is said, alleluia.

FIRST READING

Acts 2:1-11

When Pentecost day came round, they had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech. Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome – Jews and proselytes alike – Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

RESPONSORIAL PSALM

Psalm 103(104):1, 24, 29-31, 34

℟: Lord, send out your Spirit, and renew the face of the earth. (or Alleluia.)

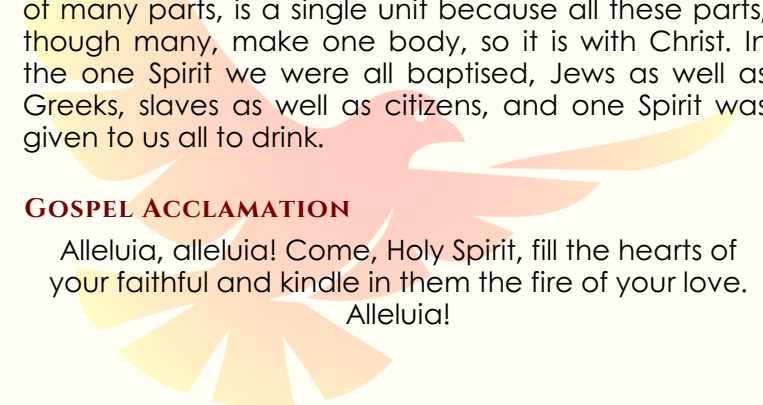
SECOND READING

1 Corinthians 12:3-7, 12-13

No one can say, 'Jesus is Lord' unless he is under the influence of the Holy Spirit. There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different ways in different people, it is the same God who is working in all of them. The particular way in which the Spirit is given to each person is for a good purpose. Just as a human body, though it is made up of many parts, is a single unit because all these parts, though many, make one body, so it is with Christ. In the one Spirit we were all baptised, Jews as well as Greeks, slaves as well as citizens, and one Spirit was given to us all to drink.

GOSPEL ACCLAMATION

Alleluia, alleluia! Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Alleluia!



GOSPEL

John 20:19-23

In the evening of the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, 'Peace be with you', and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you. 'As the Father sent me, so am I sending you.' After saying this he breathed on them and said: 'Receive the Holy Spirit. For those whose sins you forgive, they are forgiven; for those whose sins you retain, they are retained.'

COMMUNION ANTIPHON

Acts 2:4, 11

They were all filled with the Holy Spirit and spoke of the marvels of God, alleluia.

PRAYER INTENTIONS

OUR RECENTLY DECEASED

Carole Anne Radnedge, Cesar Javier Jr., Dominga Sumalinog, Justin Pandian, Leone Carse, Paul Thorpe, Teodula Figuracion and Terence Nolan

IN LOVING MEMORY

Anne & Laurie O'Neill, Anthony & Emma Biggerstaff, Antonio Cortese, Cedric Santos, Dionisio Cabardo, Dominic Le, Eduardo Hizon, Edna O'Brien, Edward Joseph, Gary Tuite, Harry Gaudencio, Jannette Brackett, Jerica Mae Cunanan, Joan Meech, John Bryan, June Pollard, Maria Lucy Condemi, Maria Strazzeri, Mary Bui, Mary Gaudencio, Oswald Beale, Philomena D'Souza, Prima Cueno, Richard Dobrowolski, Scott Wyatt, Tom Petry, Victoria Gaudencio, Una Ford and Viviana Lynda Ruiz

SPECIAL INTENTIONS

Brian Brown, Don Gomez, John Sutton, Lynette Kemp, Maggie McKeown, Max Vucic, Sally Grant and Xanthe O'Neill.

Prayer intentions will remain in the bulletin for four weeks.

Rite of Christian Initiation of Adults (RCIA) - Becoming Catholic.

Do you or someone you know want something more in life? Come explore the Catholic faith. Those who are interested are invited to send their details or contact the office at innernorth@cg.org.au.



CENTRAL CANBERRA, BRADDON & DICKSON

- **We're improving St Patrick's facilities.** Install new toilets and acquire a new organ. To contribute, please place donation in the [second collection](#) or use the dedicated TAP machine opposite the confessional.
- **Healing Service - St Brigid's.** The service takes place after the 9:30 am Sunday Mass on 17 May.
- **Morning Tea Volunteers Needed - St Brigid's.** We are looking for volunteers for the morning tea roster after Sunday 9:30 am Mass. For enquiries, please contact Trish Moore on 0412324644.
- **Unlocking the Mysteries of the Bible (24 Sessions) - St Brigid's.** Everyone is warmly invited every Tuesday evening (commencing 19 May) at 6:15 pm to attend the special presentations that explore the richness of the Bible. Please contact Najib Raya on 0439 581 204 for further details.
- Youth Choir on 2nd Sunday, 14 June - All youth, young adults or young at heart are welcome! Practise at 9:05 before mass. For more info or any hymn suggestion, please contact Mary or Ling at lingwlyau@yahoo.com.hk

ST JOSEPH, O'CONNOR

- **Sacramental Program Enrolment 2026.** Enquire by emailing kirstie.buckley@cg.catholic.edu.au.
- **Sunday Children's Liturgy - During the 8.30 am Mass in the School Term.** All children are welcome. Children under five years old should be accompanied by a parent or grandparent.
- **Pentecost Choral Vespers – Sunday, 24 May at 4:00 pm.** Interested in singing? New voices are always welcome! Our rehearsals are held every Tuesday at 7:30 pm. For more info: <https://tinyurl.com/PentecostChoralVespers>
- **Student-led Vigil Mass.** Please join us at the Vigil Mass on Saturday, 23 May at 6:00 pm to welcome our primary school community in a student-led Mass, with a sausage sizzle afterwards.
- **Our Lady Help of Christians Solemnity Mass.** Please join us to celebrate the Solemnity Mass on Monday, 25 May at 9:15 am.
- **Junior Schola Cantorum - EOI Open.** An opportunity for Choral training and Faith formation for students aged 8 to 16 in the Church's treasury of sacred music: Chants, Polyphony and Hymns. Register your interest here: <https://linktr.ee/stjoseph.choristers>

ST THOMAS MORE, CAMPBELL

- **21st Annual St Thomas More Forum & Dinner – Wednesday, 3 June.** RSVP by 11:00 am on Friday, 22 May. For more information and to register: <https://bit.ly/stmf-030626> | Access the flyer here: <https://tinyurl.com/StThomasMoreForum2026>

BLACKFRIARS, WATSON

- **School of Religion – First Communion and Reconciliation.** Sessions will be on Fridays, 29 May & 5 June at 6:15 pm at the Holy Rosary Parish Centre. Please contact the office at innernorth@cg.org.au to express your interest and obtain the necessary forms.
- **The Eucharist in the Life of the Church.** Learn more through University of Notre Dame Australia online short talks and group discussion at the Holy Rosary Parish Centre. Register at innernorth@cg.org.au. For more information, contact Roger Paul at rpaul2572@gmail.com | <https://tinyurl.com/EucharisLifeChurch2026>
- **ACU Noon Masses.** Starts with adoration at 11:15 am every Tuesday and Wednesday at the Signadou Chapel (during Semester period).

FROM THE OFFICE

- **Inner North Cana Youth Group (Grades 7-12).** Running fortnightly on Saturdays, from 7:00 pm to 9:00 pm, after the Vigil Mass at St Brigid's, Dickson. Dates: 30 May and 13 & 27 June.
- **Inner North Cana Kids Group (Grades 4-6).** Running fortnightly on Sundays, from 11:00 am to 12:00 pm, after the Sunday Mass at the Holy Rosary Parish Centre, Watson. Dates: 31 May and 14 June.
- **Unpacking the Short Sayings of Jesus.** New participants welcome. Meeting fortnightly. Next meeting: Thursday, 28 May. For more information, contact Anna.Wierzbicka@anu.edu.au.
- **ACU - Reconciliation Prayer Service.** Tuesday, 26 May from 11:15 am to 11:30 am at the Rose Garden, Signadou Building, followed by an interactive activity on the theme *All In*. All are welcome to attend.
- **St Angela Merici Day Mass – Merici College.** Friday, 29 May, 9:15 am at the Gymnasium.
- **MGL Sisters - Young Women's Flame Night.** Saturday, 30 May at 6:00 pm. Young Women aged 18-35 are invited to come and celebrate Pentecost with pizza, praise and a bonfire with the Missionaries of God's Love Sisters. For more information and to register: <https://tinyurl.com/MGLSistersPentecost2026>

"Nothing is far from God."

~Saint Monica



YOUR MONETARY CONTRIBUTIONS COUNT A LOT...

First Collection

(Supporting all the priests of the Archdiocese)

A/C Name: **Central Presbytery Fund**, BSB: 062-786 and Bank Account: 00029248
Reference: Your parish location, name and intention (e.g., Campbell Smith 1st collect)

Second Collection

(Maintenance/upkeep of the Churches, staff salaries, liturgical needs, insurance, etc.)

~ **Central Canberra, Dickson & Braddon**: A/C Name **Canberra Central Parish**
BSB: 062-786, A/C: 00013150, Ref: Name & Giving Number

~ **St Joseph, O'Connor**: A/C Name: **St Joseph's Parish**
BSB: 062-786, A/C: 00012798, Ref: Name & Giving Number

~ **St Thomas More, Campbell**: A/C Name: **St Thomas More Parish**
BSB: 062-786, A/C: 00014869, Ref: Name & Giving Number

~ **Blackfriars, Watson**: A/C Name: **Blackfriars Parish Watson**
BSB: 062-786, A/C: 00013341, Ref: Name & Giving Number

Women's & then Men's

Vocations Discernment Dinner:

Women between the ages of 20 and 40 interested in discerning a call to religious life on Thursday, 4 June 6:00 pm at Pearce Presbytery. Presenter will be Sr Kate Cleary about the mission at *The Farm in Galong*. A healthy meal provided with insightful discussions & prayer. To rsvp please contact on Sr Kate on 0404 112 428.

Dinner for men interested in discerning a call to the Priesthood on Thursday, 11 June 6:00 pm at Archbishop's House rsvp to Vocations Director Fr Emil emil.milat@cg.org.au 0414 523 036.



PARISH SAFEGUARDING COMMITMENT

The CINCC is committed to safeguarding and upholding the dignity and rights of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the center of all of our thinking and action.

Parish Safeguarding Officers:

Central Canberra, Dickson & Braddon: Barbara & Catherine | CanberraCentral.Safeguarding@cg.org.au

St Joseph, O'Connor: Noel | OConnor.Safeguarding@cg.org.au

St Thomas More, Campbell: Margie | Campbell.Safeguarding@cg.org.au

Blackfriars, Watson: Nicole | Watson.Safeguarding@cg.org.au

While the abovementioned email addresses are not available currently, please send any concerns or enquiries to: Maria Hicks, Manager Institute of Professional Standards & Safeguarding (IPSS), at ipss@cg.org.au or 02 6239 9806.

CONNECT WITH US...

Fr Renoir Jr. Z. Oliver, SSS (Moderator)

E: renoir.oliver@cg.org.au

Fr Sebastian A. Luistro, SSS (Community Superior)

E: sebastian.luistro@cg.org.au

Fr Anthony "Thonn" C. Riosa, SSS

E: anthony.riosa@cg.org.au

Fr Vergel M. Dalangin, SSS

E: vergel.dalangin@cg.org.au



WWW.CGINNERNORTH.ORG.AU

Parish Secretaries:

Kathie Guillester and Cerise Gomez

E: innernorth@cg.org.au

M: 0416 823 447 or 0412 128 038

P: PO Box 900, Dickson ACT 2602



"BE WHO YOU WERE MEANT TO BE
AND YOU WILL SET THE WORLD ON FIRE"
ST CATHERINE OF SIENA

The CINCC acknowledges the Ngunnawal people, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.