



Canberra Inner North Catholic Community

Under the Care of Congregation of the Blessed Sacrament (SSS)

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Address: PO Box 900, Dickson ACT 2602

Inner North Office hours:

Tuesday to Friday 9am to 1pm

The 16th Sunday in Ordinary Time | Year C | 20 July 2025

This Sunday, we are being reminded of both the importance of hospitality and the need to focus on God Alone. In the first reading, Abraham sets about serving the three persons loaves of bread, meat from his finest calf, cream, and milk. He gives them (God) all his attention, care, and service.

Similarly, in the Gospel, there is a great flurry of activity and service as Martha and Mary welcome Jesus into their home. However, there is one important distinction here. While Martha is busy and fretting over many things, Mary sits at the feet of Jesus, listening and giving him all of her attention. And this is the invitation to each of us. God invites us to put him at the centre of our lives and very being. In all we're doing, and being, is God the one and only one at the heart of our lives, from which all else flows? Where is our attention? Who is the centre of our lives?

From God's Word Daily Reflections 2025

Parish Safeguarding Commitment

Our Parishes are committed to safeguarding and upholding the dignity and rights of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the centre of all of our thinking and action. This approach is to follow Jesus' command in Matthew 18:1-3. Enquiries or concerns please contact: Fr Renoir Oliver SSS—renoir.oliver@cg.org.au - Maria Hicks (Manager) -

Phone **02 6239 9806** - Institute of Professional Standards & Safeguarding (IPSS) ipss@cg.org.au

Parish Safeguarding Officers –while these email addresses are not available currently please send any concerns to ipss@cg.org.au

Blackfriars Parish, Watson: Nicole.watson.safeguarding@cg.org.au

Canberra Central, Dickson & Braddon: Barbara & Catherine: CanberraCentral.Safeguarding@cg.org.au

St Joseph's O'Connor: Noel oconnor.safeguarding@cg.org.au

St Thomas More, Campbell: Shannon: Campbell.safeguarding@cg.org.au



BLACKFRIARS PARISH

Cnr Phillip Avenue & Antill Street,
Watson ACT 2602

www.facebook.com/Holy-Rosary-Parish-Watson



CANBERRA CENTRAL incl:

ST BRIGID'S 2 Bancroft St
Dickson ACT 2602

ST PATRICK'S 1 Donaldson St
Braddon ACT 2612



ST JOSEPH'S PARISH

58 Boronia Drive,
O'Connor ACT 2602

Fr Anthony Riosa SSS

Facebook :

www.facebook.com/stjosephsoconnor



ST THOMAS MORE PARISH

30 White Crescent
Campbell ACT 2612

Fr Anthony Riosa SSS

Facebook:

facebook.com/st.thomasmore.campbell

Acknowledgement of Country

We acknowledge the Ngunnawal people, as Traditional Owners of the land where we gather today and pay our respects to Elders past, present and emerging.

PARISH BULLETIN - DEADLINE for notices is 12 pm WEDNESDAY

P: 0416 823 447 | 0412 128 038 E: innernorth@cg.org.au

**The 16th Sunday in Ordinary Time | Year C | 20
July 2025**

Entrance Antiphon - Ps 53: 6, 8

See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.

First Reading - Genesis 18:1-10 ·

The Lord appeared to Abraham at the Oak of Mamre while he was sitting by the entrance of the tent during the hottest part of the day. He looked up, and there he saw three men standing near him. As soon as he saw them he ran from the entrance of the tent to meet them, and bowed to the ground. 'My lord,' he said 'I beg you, if I find favour with you, kindly do not pass your servant by. A little water shall be brought; you shall wash your feet and lie down under the tree. Let me fetch a little bread and you shall refresh yourselves before going further. That is why you have come in your servant's direction.' They replied, 'Do as you say.' Abraham hastened to the tent to find Sarah.' 'Hurry,' he said 'knead three bushels of flour and make loaves.' Then running to the cattle Abraham took a fine and tender calf and gave it to the servant, who hurried to prepare it. Then taking cream, milk and the calf he had prepared, he laid all before them, and they ate while he remained standing near them under the tree. 'Where is your wife Sarah?' they asked him. 'She is in the tent' he replied. Then his guest said, 'I shall visit you again next year without fail, and your wife will then have a son.'

Thanks be to God.

Responsorial Psalm - Psalm 14(15):2-5

R: The just will live in the presence of the Lord.

Lord, who shall dwell on your holy mountain?
He who walks without fault;
he who acts with justice
and speaks the truth from his heart;
he who does not slander with his tongue. **R**
He who does no wrong to his brother,
who casts no slur on his neighbour,
who holds the godless in disdain,
but honours those who fear the Lord. **R**
He who keeps his pledge, come what may;
who takes no interest on a loan
and accepts no bribes against the innocent.
Such a man will stand firm for ever. **R**

Second Reading - Colossians 1:24-28 ·

It makes me happy to suffer for you, as I am suffering now, and in my own body to do what I can to make up all that has still to be undergone by Christ for the sake of his body, the Church. I became the servant of the Church when God made me responsible for delivering God's message to you, the message which was a mystery hidden for generations and centuries and has now been revealed to his saints. It was God's purpose to reveal it to them and to show all the rich glory of this

mystery to pagans. The mystery is Christ among you, your hope of glory: this is the Christ we proclaim, this is the wisdom in which we thoroughly train everyone and instruct everyone, to make them all perfect in Christ.

Thanks be to God.

Gospel Acclamation - Cf. Luke 8:15

Alleluia, alleluia!
Happy are they who have kept the word with a generous heart
and yield a harvest through perseverance.
Alleluia!

Gospel - Luke 10:38-42

Jesus came to a village, and a woman named Martha welcomed him into her house. She had a sister called Mary, who sat down at the Lord's feet and listened to him speaking. Now Martha who was distracted with all the serving said, 'Lord, do you not care that my sister is leaving me to do the serving all by myself? Please tell her to help me.' But the Lord answered: 'Martha, Martha,' he said 'you worry and fret about so many things, and yet few are needed, indeed only one. It is Mary who has chosen the better part; it is not to be taken from her.'

Praise to you, Lord Jesus Christ.

Communion Antiphon - Ps 110: 4-5

The Lord, the gracious, the merciful,
has made a memorial of his wonders;
he gives food to those who fear him.

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INNER NORTH

RCIA meetings - August 05

If you are interested please contact the Parish office via innernorth@cg.org.au

Planning to marry in the Catholic Church?

Go to the Archdiocesan marriage and family webpage (without delay) for information and to choose a marriage preparation program that suits at www.marriagefamily.org.au. For enquiries email marriage.preparation@cg.org.au or text Helena on 0405 440 463.

Caritas Australia appeals for support for vulnerable communities across Africa

Across Africa, millions of people are trapped in a desperate struggle for survival. Conflict, violence, hunger, and displacement are tearing communities apart. In places like the Democratic Republic of Congo, Sudan and across the Horn of Africa, the situation is critical.

In response, Caritas Australia is supporting partners across the region to provide vital aid including emergency shelter, food and nutrition support, and access to clean water.

Your support is urgently needed.

Please donate to Caritas Australia's Africa Crisis Appeal.

You can donate online www.caritas.org.au/africa or phone 1800 024 413



Combined Youth Group – Sunday July 27

Kids aged from 3 to 6 across the Inner North are all welcome to join our monthly gathering after the 10 am mass, Holy Rosary Church, Watson. Catechesis, Games, and Foods await! Enquiries: youth.innernorth@cg.org.au

Inner North Communio – Sunday July 27

Jesus is there, everybody to him! – St Peter Julian Eymard. All young adults are welcome to join in prayer, meditation, and personal encounter with Jesus in the Blessed Sacrament exposed at 3 to 4 pm, St Patrick's Church, Braddon. Fellowship afterwards. Enquiries: youth.innernorth@cg.org.au (Instagram) or youth.innernorth@cg.org.au

BLACKFRIARS, WATSON

Blackfriars Parish consultation meeting – August 08

In his letter of 1 July 2025, Archbishop Christopher asked that the parishes of the inner north Catholic community be consulted about their future configuration and canonical status. As part of this consultation process, Blackfriars Parish will hold a parish meeting at 7pm on Friday, 8 August 2025, in the Holy Rosary Church parish centre. The meeting coincides with the feast day of Australia's first saint, St Mary MacKillop, as well as (in other countries) the feast day of the founder of the Dominicans, St Dominic. All welcome.

Recitation of the Rosary

Everyone is invited to join in our recitation of the Rosary every Sunday at 9:30 am. The mysteries and intentions are provided, and the July roster form is available in the foyer. For any assistance, please approach Carmel Lewis after the mass or the Parish Office staff from Monday to Friday. Your support is greatly appreciated!

ST JOSEPH'S O'CONNOR

Children's Liturgy

Children's Liturgy will resume on Sunday, 27 July during the 8.30am Mass. After the Gloria and a blessing from Father, children will hear the Gospel and discuss its message in a relatable way before returning for the Offertory procession. All families are encouraged to join and spread the word!

Invitation to the Catechesis.

Who is God? What am I living for? Are you searching for the meaning of your life? Do you want your faith to grow? Come and Listen to a series of Catechesis for adults (teenagers upwards)

"Come to me all you who labour and are overburden, and I will give you rest" (Mt 11:28)

Mondays and Thursdays 7:30pm Commencing, 18th August 2025.

Child minding provided.

Enquiries -Tania: 0426236662

OUR RECENTLY DECEASED

May they find peace and comfort in the embrace of the Lord:

Tony Senti, Scott Allberry, Melinda Hughes, Noel Tanzer, Tony Reid, Anne O'Neill, Anthony Jaksic.

IN LOVING MEMORY

Marjorie & Joseph Lyons, Margaret & William Shepherd, Sem Anthony Cabardo, Dorothy Olsen, John Moten, Geof Gale, Jane and Alfred Mercieca, Francesco Macor, Mary Kiel, David Wignall, Barbara Avis, Maria Strazzeri, Philip Bui, Mario Russo, Carmelina Russo.

THOSE WHO NEED OUR PRAYERS

Marjorie Letts, Ewan Letts, Catherine Doherty, Brian Brown, Robin Lees, Maggie McKeown, Pat Turnbull, Rodney Baxter, Gwenda Romer (nee Hewitt).

Prayer intentions will remain in the bulletin for four weeks. You are welcome to email the parish office if you would like to renew your prayer request.

CENTRAL CANBERRA, BRADDON & DICKSON

Save the Date - 19 October | 90th Anniversary of St. Patrick's Church, Braddon.

St. Patrick's Church Braddon, the first Catholic Church on the North side of Canberra, was dedicated on 20th October 1935. This year marks the 90th anniversary of its consecration. The anniversary will be commemorated on Sunday, 19th October with a Mass celebrated by Archbishop Prowse at 8am followed by refreshments. St. Pat's began life as a church-school and organisers wish to contact former pupils to share their school day memories and to attend the Mass and celebrations on that day. Enquiries, Ray Toohey 0411 182545 or Mary Boyle, maryeboyle8@gmail.com.

Join us for a festive Christmas in July roast lunch at St Brigid's! - Sunday July 27

Join us for a festive Christmas in July roast lunch at St Brigid's Parish Hall! Tickets will be available for purchase at Mass starting 7 July. Cost:\$50 per person (includes main meal, salads, dessert, tea and coffee). Extras: Lucky door prize and raffles on the day Time: Arrive from 12:00pm for a 12:30pm meal. We look forward to celebrating with you! Note the function is BYOD.

Parish Assembly - Sunday July 20

Central Canberra Parishioners are invited to attend an assembly to discuss the proposed amalgamation of the four Inner North Parishes. This is a very important event, and you are encouraged to attend. Sunday July 20th at 10:30am (after the 9:30am mass) in the parish hall at St. Brigid's. If you cannot attend, please consider completing the survey that will be distributed at masses this weekend. Completed surveys to be returned by 27 July.

To contribute to the First Collection **

Account Name: Central Presbytery Fund

Reference: Your parish location, name and intention (eg Campbell Smith 1st collect) Refer to note below regarding banking details.

Contribute to your parish via the “Qkr!” mobile app or direct deposit:**Canberra Central :** A/C Name Canberra Central Parish

Ref: Name & Giving Number.

Blackfriars: A/C Name: Blackfriars Parish Watson

Ref: Name & Giving Number.

St Joseph's: A/C Name: St Joseph's Parish

Ref: Name & Giving Number.

St Thomas More: A/C Name: St Thomas More Parish :

Ref: Name & Giving Number.

In the best interest of safety with bank account **

please kindly call the Parish office for this information.

**MASS, SACRAMENT & DEVOTION TIMES**

| | Blackfriars, Watson | St Brigid's, Dickson | St Joseph's, O'Connor | St Patricks, Braddon | St Thomas More, Campbell |
|---|--------------------------------|--|--|-----------------------------|--|
| Mass | | | | | |
| Sunday | 10.00am 5.00pm | 9.30am 5.00pm Vietnamese Mass - 1st & 3rd Sunday of the month | 8.30am | 8.00am | 10.00am |
| Tuesday to Friday | 5.30pm | 9.00am | 9.15am | 12.30pm | 11.45 1st & 3rd Friday of the Month |
| Saturday | 5.00pm (vigil) | 9.00am 6.00pm (vigil) | 8.30am 6.00pm (vigil) | | |
| Reconciliation | | | | | |
| Friday | | | 8.15 - 9.00am - during Holy Hour | 11.30 - 12.30pm | 11.00-11.30 1st & 3rd Friday Monthly as above |
| Saturday | 4.00 - 4.30pm | 9.30 - 10.00am 5.30 - 5.50pm | 5.15 - 5.45pm | | |
| Adoration of the Blessed Sacrament | | | | | |
| Tuesday | | | 8.15 - 9.10am | | |
| Wednesday | | 8.00am - 8.00pm | | | |
| Thursday | | | | | |
| Friday | 6.00 - 7.00pm | | | 11.30am - 12.30pm | |
| Saturday | | 9.30 - 10.00am | | | |
| Anointing of the Sick | | | | | |
| Sunday | | After 9.30am Mass - 3rd Sunday of the month | | | 11.15am - 1st Sunday of the month |
| Saturday | | | Within 8.30am Mass - 1st Saturday of the month | | |
| Rosary Prayers | | | | | |
| Tuesday to Friday | | 8.30am | After 9.15am Mass | 12.10pm | |
| Saturday Sunday | 9.30am | 8.30am | 8.15am -Novena to Our Lady of Perpetual Help | | |