



Canberra Inner North Catholic Community

Under the Care of Congregation of the Blessed
Sacrament (SSS)

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PO Box 900, Dickson ACT 2602

Parish Offices open for phone and email enquiries:
Tuesday to Friday 9am to 1pm

7th Sunday in Ordinary Time | Year C | 23 February 2025

Jesus' directive to love our enemies is ignored more often than observed. We gossip about family feuds and boast that we'll never be able to forgive so-and-so for the harm they did to us a lifetime ago. Jesus knew that kind of thing from growing up in a tiny village. Yet, he still insisted that following him required forgiving our enemies. Just a few years ago, a mother who lost three of her own children and a young nephew when they were hit by a car driven by a drunken driver in suburban Sydney said publicly: 'I think in my heart to forgive him... I'm not going to hate him because that's not who we are.' We hear the same kind of thing in the Bible story of Joseph, who found it within his heart to encourage the brothers who had sold him into slavery to let go of the past and to break free of the guilt that had captured them. When we can imitate Joseph and that mother, we have made a giant step towards restoring life to ourselves and to those we have forgiven.

From God's Word, Daily Reflections, 2025

Parish Safeguarding Commitment

Our Parishes are committed to safeguarding and upholding the dignity and rights of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the centre of all of our thinking and action. This approach is to follow Jesus' command in Matthew 18:1-3. Enquiries or concerns please contact: Fr Anthony Riosa SSS—anthony.riosa@cg.org.au - Maria Hicks (Manager) - Phone **02 6239 9806** - Institute of Professional Standards & Safeguarding (IPSS) ipss@cg.org.au

Parish Safeguarding Officers

Blackfriars Parish, Watson: Nicole watson.safeguarding@cg.org.au

Canberra Central, Dickson & Braddon: Barbara & Catherine: CanberraCentral.Safeguarding@cg.org.au

St Joseph's O'Connor: occonnor.safeguarding@cg.org.au

St Thomas More, Campbell: Shannon: Campbell.safeguarding@cg.org.au



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Fr Renoir Oliver Jr SSS
Facebook:
[www.facebook.com/Holy-
Rosary-Parish-Watson](https://www.facebook.com/Holy-Rosary-Parish-Watson)

CANBERRA CENTRAL incl:
ST BRIGID'S 2 Bancroft St
Dickson ACT 2602
ST PATRICK'S 1 Donaldson St
Braddon ACT 2612
Fr Sebastian Luistro SSS

ST JOSEPH'S PARISH
58 Boronia Drive,
O'Connor ACT 2602
Fr Anthony Riosa SSS
Facebook :
[www.facebook.com/
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ST THOMAS MORE PARISH
30 White Crescent
Campbell ACT 2612
Fr Anthony Riosa SSS
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st.thomasmore.campbell](https://facebook.com/st.thomasmore.campbell)

Acknowledgement of Country

We acknowledge the Ngunnawal people, as Traditional Owners of the land where we gather today and pay our respects to Elders past, present and emerging.

Entrance Antiphon - Ps 12: 6

O Lord, I trust in your merciful love.
My heart will rejoice in your salvation.
I will sing to the Lord who has been bountiful with me.

First Reading - 1 Samuel 26:2,7-9,11-13,22-23

Saul set off and went down to the wilderness of Ziph, accompanied by three thousand men chosen from Israel to search for David in the wilderness of Ziph.

In the dark David and Abishai made their way towards the force, where they found Saul lying asleep inside the camp, his spear stuck in the ground beside his head, with Abner and the troops lying round him.

Then Abishai said to David, 'Today God has put your enemy in your power; so now let me pin him to the ground with his own spear. Just one stroke! I will not need to strike him twice.' David answered Abishai, 'Do not kill him, for who can lift his hand against the Lord's anointed and be without guilt? The Lord forbid that I should raise my hand against the Lord's anointed! But now take the spear beside his head and the pitcher of water and let us go away.' David took the spear and the pitcher of water from beside Saul's head, and they made off. No one saw, no one knew, no one woke up; they were all asleep, for a deep sleep from the Lord had fallen on them.

David crossed to the other side and halted on the top of the mountain a long way off; there was a wide space between them. He called out, 'Here is the king's spear. Let one of the soldiers come across and take it. The Lord repays everyone for his uprightness and loyalty. Today the Lord put you in my power, but I would not raise my hand against the Lord's anointed.'

Responsorial Psalm - Psalm 102(103):1-4,8,10,12-13

The Lord is kind and merciful.

My soul, give thanks to the Lord
all my being, bless his holy name.
My soul, give thanks to the Lord
and never forget all his blessings.

The Lord is kind and merciful.

It is he who forgives all your guilt,
who heals every one of your ills,
who redeems your life from the grave,
who crowns you with love and compassion.

The Lord is kind and merciful.

The Lord is compassion and love,
slow to anger and rich in mercy.
He does not treat us according to our sins
nor repay us according to our faults.

The Lord is kind and merciful.

As far as the east is from the west
so far does he remove our sins.

As a father has compassion on his sons,
the Lord has pity on those who fear him.

The Lord is kind and merciful.

Second Reading - 1 Corinthians 15:45-49

The first man, Adam, as scripture says, became a living soul; but the last Adam has become a life-giving spirit. That is, first the one with the soul, not the spirit, and after that, the one with the spirit. The first man, being from the earth, is earthly by nature; the second man is from heaven. As this earthly man was, so are we on earth; and as the heavenly man is, so are we in heaven. And we, who have been modelled on the earthly man, will be modelled on the heavenly man.

Gospel Acclamation - John 13:34

Alleluia, alleluia!

I give you a new commandment;
love one another as I have loved you.

Alleluia

Gospel - Luke 6:27-38

Jesus said to his disciples: 'I say this to you who are listening: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who treat you badly. To the man who slaps you on one cheek, present the other cheek too; to the man who takes your cloak from you, do not refuse your tunic. Give to everyone who asks you, and do not ask for your property back from the man who robs you. Treat others as you would like them to treat you. If you love those who love you, what thanks can you expect? Even sinners love those who love them. And if you do good to those who do good to you, what thanks can you expect? For even sinners do that much. And if you lend to those from whom you hope to receive, what thanks can you expect? Even sinners lend to sinners to get back the same amount. Instead, love your enemies and do good, and lend without any hope of return. You will have a great reward, and you will be sons of the Most High, for he himself is kind to the ungrateful and the wicked.

Be compassionate as your Father is compassionate. Do not judge, and you will not be judged yourselves; do not condemn, and you will not be condemned yourselves; grant pardon, and you will be pardoned. Give, and there will be gifts for you: a full measure, pressed down, shaken together, and running over, will be poured into your lap; because the amount you measure out is the amount you will be given back.

Communion Antiphon - Ps9: 2-3

I will recount all your wonders,
I will rejoice in you and be glad,
and sing psalms to your name, O Most High.

INNER NORTH

Baptisms

Congratulations to Jayden Macadang who will be baptized at St Joseph's O'Connor this weekend. May his life be filled with God's peace and his heart with God's love, on this Baptismal day and all days to come.



Eucharistic Encounter Catechesis - Each Tuesday evening at 5pm prior to our RCIA meetings. All are very welcome

Welcome Event 24 February - 6-7pm

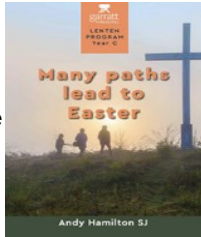
The Canberra Inner North Catholic Community warmly invite you to meet the Filipino Blessed Sacrament Fathers Provincial Superior (Fr Rudsend Paragas SSS) and General Treasurer (Fr Roel Dela Cruz SSS) who are visiting Australia. The Welcome Event is on Monday 24 February 6 to 7 pm at St Joseph's O'Connor Parish Centre. Please RSVP to innernorth@cg.org.au by **Sunday 23 February**.

Synodality: Now the Rubber Hits the Road

Thursday 27 February 7.15-9.30pm - This public forum is being held at Marist College Staff auditorium. Hear from speakers Adj Prof Susan Pascoe, Mr Terry Fewtrell and Dr Patrick McArdle. For more information please refer to www.concernedcatholicscanberra.org

Ecumenical Lenten Study Groups 2025

Lent 'is a personal journey in which we are encouraged to remember the times we have been struck with wonder and gratitude at God's love for us and at the world that Jesus opens to us ... [While] our journey with Jesus through Lent is a personal journey ... it is not a solitary or individualistic [one]. We do not walk alone, but in company with our fellow Christians ...': Fr Andy Hamilton SJ, author of *Many Paths to Easter*, the booklet to be used this Lent in three study groups organised by the Holy Roundabout Churches (St Margaret's Uniting Church, Holy Cross Anglican Church and Holy Rosary Catholic Church). All welcome.



Groups:
Wednesday, 7.30pm, beginning 5 March – online (Zoom);
Thursday, 2.30pm, beginning 6 March – St Margaret's Uniting Small Hall.
Tuesday, 6.30pm, beginning 11 March – Holy Cross Anglican Annex;
Booklets will be pre-ordered for \$10 each. Sign-on sheets and flyer in Holy Rosary Church foyer or email Roger Paul at rpaul2572@gmail.com.

CENTRAL CANBERRA, BRADDON & DICKSON

St. Patrick's Day Monday, 17 March, 2025.

The feast of the Patron Saint will be celebrated with Mass at St Patricks Church Braddon at 12:30 PM followed by refreshments and a cup of tea. Parishioners are asked to bring a plate to share after Mass. Food that reflects the Parishes multicultural congregation will be most welcome.

OUR RECENTLY DECEASED

May they find peace and comfort in the embrace of the Lord:

Kevin Tee, Fr Kevin Flynn, Br Matt McKeon, Sr Elaine McCusker, William (Bill) John Moore, Anne Whelan, Fr John Ryan

IN LOVING MEMORY

Kate Dwyer, James Bergin, Domingo Apolinar, Mary Thomas, Matthew Thomas, Silvio Ross, Romeo Cabardo, Florina Cabardo, Kevin Nolan, Rodney Sleba, Gerald Tuohy, Heather Pook, Suzanne Stafford, Jack(John Joseph) O'Brien, Alice McDonald, Emilia Klaric, John Collett.

THOSE WHO NEED OUR PRAYERS

Colin Duggan, Karen Mobbs, Patricia Brown, Robin Lees, Maggie McKeown, Jenny Hodges, Peter Catlin, Colleen Lees, Noel Tanzer, Wendy Altamore.

Prayer intentions will remain in the bulletin for four weeks. You are welcome to email the parish office if you would like to renew your prayer request.

BLACKFRIARS, WATSON

Cuppa and a Biscuit after Mass.

Stop off for a chat, cuppa and a biscuit after the three weekend Masses let's get to know each other better. Would love to hear from anyone who would like to help set up occasionally, there is a sign up sheet in the foyer

The Rosary - 9.30am Sundays

The new roster for the leaders to enter their names for March is available in the Church foyer. We still need others to attend at 9.30 am on Sundays to support and voice the responses. Rosary booklets available from the parish office on Friday mornings at the low cost of \$2. Thank you Carmel

ST JOSEPH'S O'CONNOR

READERS (LECTORS) – TRAINING - Saturday mornings

We are seeking new readers, including teens and young people, to join our Liturgy Team. Donna will be providing reader training and practice to anyone interested on Saturday mornings after the 8:30am Mass (9:00am).

Sacramental Program with St Joseph Primary School - Commencing with Reconciliation - 4 March
For more details please email Innernorth@cg.org.au or [contact or sjo.act.edu.au](http://contact.or.sjo.act.edu.au)

ST THOMAS MORE, CAMPBELL COMMUNITY

STM Parish and School Working Bee - 15 March

The working bee will be on Saturday from 9am to 11am. Come along and make some new friends while getting your hands dirty. Bee there or bee square!

St Thomas More Forum - 26 March 7.30-9pm

Venue Holy Faith Hall, 30 White Crescent , Campbell

Cost \$20 and \$10 (Student/Concession)

Keynote Speaker Dr Trudy Dantis -

National Coordinator for the Synod in Australia, was active in Synodal consultations from the start and participated at all levels, eventually attending both Assemblies as a representative from the Oceania region. She reflects on the journey, providing insights into the consultative processes at each stage and sharing her experience at the global assemblies that assisted Church leaders in living communion, increasing participation, and preparing for ministry and mission in a Synodal Church.

Contribute to the First Collection:

Account Name: Central Presbytery Fund

BSB: 062-786 - Bank Account: 00029248

Reference: Your parish location, name and intention (e.g. Campbell Smith 1st collect)

Contribute to your parish via the "Qkr!" mobile app or direct deposit:

Canberra Central : A/C Name Canberra Central Parish
BSB: 062786 A/C: 00013150 Ref: Name & Giving Number.

Blackfriars: A/C Name: Blackfriars Parish Watson
BSB: 062786 A/C: 00013341 Ref: Name & Giving Number.

St Joseph's: A/C Name: St Joseph's Parish
BSB: 062 786 A/C: 00012798 Ref: Name & Giving Number.

St Thomas More: A/C Name: St Thomas More Parish BSB: 062786 A/C: 00014869 Ref: Name & Giving Number.

MASS, SACRAMENT & DEVOTION TIMES - week ending 2 March

	Blackfriars, Watson	St Brigid's, Dickson	St Joseph's, O'Connor	St Patricks, Braddon	St Thomas More, Campbell
Mass					
Sunday	10.00am 5.00pm	9.30am 5.00pm Vietnamese Mass - 1st & 3rd Sunday of the month	8.30am	8.00am	10.00am
Tuesday to Thursday	5.30pm	9.00am	9.15am	12.30pm	
Friday	5.30pm	9.00am	9.15am	12.30pm	
Saturday	5.00pm (vigil)	9.00am 6.00pm (vigil)	8.30am 6.00pm (vigil)		
Reconciliation					
Friday			8.15 - 9.00am - during Holy Hour	11.30 - 12.30pm	
Saturday	4.00 - 4.30pm	9.30 - 10.00am 5.30 - 5.50pm	5.15 - 5.45pm		
Adoration of the Blessed Sacrament					
Tuesday			8.15 - 9.10am		
Wednesday		8.00am - 8.00pm			
Thursday					
Friday	6.00 - 7.00pm				11.30am - 12.30pm
Saturday		9.30 - 10.00am			
Anointing of the Sick					
Sunday		After 9.30am Mass - 3rd Sunday of the month			11.15am - 1st Sunday of the month
Saturday			Within 8.30am Mass - 1st Saturday of the month		
Rosary Prayers					
Tuesday to Friday		8.30am	After 9.15am Mass	12.10pm	
Saturday		8.30am	8.15am Novena to Our Lady of Perpetual Help		